Do you need someone to talk to? Most people do at some time in their life. Below are some important contact numbers that can help you or someone you know ease the way on life's journey. Help is just a phone call away. (These contact numbers will be here, in every e-blast, when you need them.)

## **Mental Health Resource Contacts**

DuPage 24 Hour Crisis Line 630-627-1700

FCCGE Stephen Ministry Pastor Kendra 630-469-3096 x 11

Glen Ellyn Youth & Family Counseling 630-469-3040

Central DuPage Pastoral Counseling Center 630-630-752-9750