

# Hi! I'm Alani and I provide TELETHERAPY for children & adolescents!

## Alani Mason-Callaway, MA

Practicum Student | Central DuPage Pastoral Counseling Center

#### Education

Master of Arts
Clinical Psychology
Wheaton College

Master of Arts **Psychology**American University

### About Me

I am delighted to join the Center for a therapy practicum while working under the supervision of Dr. Elissa McGovern for the 2020-2021 training year.

I strive to make therapy a fun and engaging safe haven for children and adolescents to explore and process their thoughts and emotions.

## I help my clients cope with a variety of issues, including...

- ✓ Autism Spectrum Disorder
- ✓ Oppositional Behavior
- ✓ Anxiety
- ✓ Depression
- ✓ ADHD
- ✓ Cross-Cultural Adoption
- ✓ Identity Formation

# Services Offered



#### COGNITIVE BEHAVIORAL THERAPY

improves behavior and mental health by challenging the client's maladaptive cognitions



#### PLAY THERAPY

helps younger children express and process their emotions through playing with toys

