

***The Feminine Mystic*, edited by Lynne M. Deming**

Over a period of 500 years these thirteen women express the heart and mystery of God, the same God we join with every day. How can they write words that confront our 2024 issues?

The spiritual insight of the women seems timeless. They experienced most of the same questions, barriers, feelings, and dilemmas that we do—men and women. God is timeless. So their keen insights can be a sure comfort to us. Some names are familiar I'm sure—Julian of Norwich, Hildegard of Bingen, Clare of Assisi, and Teresa of Avila.

The book is divided into many common topics which we all consider throughout our maturing days, such as charity, choice, fear, friendship, God, Holy Spirit, justice, nature, soul, prayer, silence and worship. You may come away with new insight to these topics, or new light shed upon your life. Sometimes the ideas seem to come from the writers, and other times they seem directly from God herself!

Julian of Norwich on Prayer:

Jesus words to her: “Pray inwardly, even if you feel no reward: it is profitable enough even if you feel nothing, see nothing, yes, even if it seems you can do nothing. In dryness and barrenness, in sickness and weakness, your prayer is most pleasing to me (though you seem to have little taste for it). And so it is in my sight with all your prayers of faith.”

Hildegard of Bingen:

God hugs you. You are encircled by the arms of the mystery of God.

In your quiet time of meditation, add this book for a fresh, rich spiritual experience.

This book: 248 DEM is on the library shelf or display counter.

by Marilyn Peretti